

Smith High School  
5678 Water Way  
Smithville, OR 97791

November 10, 2008 – For Immediate Release

## **Smith Dancers Bring Home First Trophies of the Season**

At their first competition of the year, the Cougarettes from Smith High School brought home a first place and second place trophy. The Fall Dance Festival hosted by the Valley High School Dance Team featured 17 teams competing in six categories (Hip Hop, Jazz, Modern, Lyrical, Kick and Novelty). The Cougarettes competed in the Hip Hop, Jazz and Lyrical categories. The six-way competition in Hip Hop ended with the Cougarettes bringing home first place. The team competed against five teams in the Jazz category and earned a second place trophy. Senior Captain Sara James placed in the Top 10 for the Advanced Drill Down Competition.

“I am so proud of their performance at the Fall Festival. They represented Smith High School very well,” said Coach (insert name here).

Team Captains are: (list captains or team leaders here)

Team members include: (list team member here)

The (team name) is/are coach/ed by (insert coaches names)

The dance team performed at half-times during Smith High School football games and is looking forward to their first basketball halftime performance on November 20. The Cougarettes will compete with their Hip Hop, Jazz and Lyrical routines at the Winter Dance Festival hosted by Canyonville High School on December 7.

###

Reminders:

Make it interesting

Add a quote – from the coach or a team member

Focus on individual as well as team honors

Don't forget to include a photo (digital is best) and identify the students

Where to send:

- Local newspaper for your town and surrounding area
- District Office (web site)
- School – main office (weekly bulletin/newsletter); athletic/activity office (keep your AD and activities director informed); yearbook teacher; other teachers as applicable (newspaper, television, ect).
- **POST ON YOUR TEAM'S WEB SITE!!!!**

Don't get discouraged...you will probably send more press releases than make the paper or school/District site.